



CARDIAC CLEARANCE

All patients with a past or present cardiac condition must provide us with the following information:

1. Copy of your most recent office visit that includes notes or a summary of your condition
2. Copy of all heart test results including stress test, echo and/or catheterization
3. Copy of any medications prescribed as well as the most recent EKG
4. Written consent from the prescribing physician in regards to discontinuing anticoagulants as follows:

Aspirin must be discontinued for 10 days. Plavix must be discontinued for 10 days. Coumadin must be discontinued to 5 days. Your physician may bridge with Lovenox.

5. Clearance for surgery (see below)

Doctor's clearance:

- Must be transcribed and signed by the doctor

No handwritten notes or scripts will be accepted

Should give an assessment of risk for the patient (mild, moderate or high)

Doctor must understand that our surgery is performed under anesthetic and the patient may be in a prone position for a couple of hours (understanding of this information must be included in the clearance)

Clearance should be for anesthesia: It must contain the words deep sedation or general anesthesia.

The information requested above must be faxed to FAX (866) 775-9964 / (210) 561-7240. Failure to send the required information ahead of time could result in postponement or cancellation of appointments and surgery. STOSSA will not be held responsible for any associated cost.

9150 HUEBNER #350 SAN ANTONIO TEXAS 78240

